

## PATIENT INFORMATION LEAFLET

### Midon 5 mg Tablets (Midodrine hydrochloride)

#### **Read all of this leaflet carefully before you start using this medicine.**

Keep this leaflet. You may need to read it again.

If you have any further questions, ask your doctor.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor.

#### **In this leaflet:**

1. What Midon Tablets are and what they are used for
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#### **1. WHAT MIDON TABLETS ARE AND WHAT THEY ARE USED FOR**

Midon Tablets contain the active ingredient midodrine hydrochloride, which acts on the blood vessels via the sympathetic nervous system to correct imbalances of blood distribution, such as preventing too much blood pooling in the legs when standing up.

Midon Tablets are used to stop the fall in your blood pressure as a result of your sympathetic nervous system not working correctly. This should help to relieve the symptoms which you might be suffering such as dizziness, fainting, blurred vision and weakness when you sit or stand up.

#### **2. BEFORE YOU TAKE MIDON TABLETS**

##### **Do NOT take the tablets if you:**

- are allergic (hypersensitive) to midodrine hydrochloride or any of the other ingredients in the tablets (*see Section 6 and end of Section 2*)
- have a tumour near the kidney, known as pheochromocytoma
- suffer from the eye disease narrow angle glaucoma
- have thyroid gland problems called thyrotoxicosis or hyperthyroidism i.e. overactive thyroid
- suffer from high blood pressure or a form of low blood pressure known as vasovagal hypotension
- some types of heart or blood vessel disease
- have inflammation of the kidneys, kidney disease, poor kidney function or if you are having problems passing urine
- damage to the retina in your eye as a result of diabetes (known as proliferative diabetic retinopathy)

Men only:

- have an enlarged prostate that causes problems emptying your bladder.

You should take your last dose of Midon Tablets at least four hours before bedtime. This is because Midon Tablets can cause high blood pressure if you are lying down for any period of time (for example, sleeping or sunbathing).

##### **Take special care**

Talk to your doctor before taking these tablets if you have:

- any kidney problems
- had a stroke in the past or been told that you are at risk of a stroke
- any heart problems

Your blood pressure will be monitored before starting, and during, treatment. If you experience any chest pain, palpitations, shortness of breath, headache, blurred vision, pulse slowing, increased dizziness or faintness during treatment, STOP taking the product and seek medical help immediately.

### **Taking other medicines**

Please tell your doctor if you are taking, or have recently taken any other medicines, including medicines obtained without a prescription, but particularly if you are taking:

- high blood pressure medicines e.g. alpha blockers or beta blockers
- glycosides to increase the force of your heart beat e.g. digitalis
- tricyclic antidepressants for depression or monoamine oxidase inhibitors (MAOIs)
- amiodarone (used to control heart arrhythmias). Midon may increase the effect of this drug
- metoclopramide (used to stop you feeling and being sick). Midon may increase the effect of this drug
- phenothiazines and atypical antipsychotics for schizophrenia or psychosis
- antihistamines for allergies
- appetite suppressants
- nasal/ sinus congestion relievers, especially those purchased without a prescription
- thyroid hormones
- steroids (for example, fludrocortisone). In combination with Midon Tablets, steroids may increase the risk of eye problems or a high blood pressure whilst lying down. (These drugs are sometimes used together with Midon Tablets, and your doctor may have prescribed this combination for you).

### **Taking Midon Tablets with food and drink.**

You can take these tablets with or without food.

### **Pregnancy and breast-feeding**

Safe use during pregnancy and breastfeeding has not been established.

Tell your doctor if you are pregnant, think you may be pregnant or are planning to become pregnant, or if you are breast-feeding. Midon Tablets should not be taken by pregnant or breastfeeding women unless advised to by a doctor.

Ask your doctor or pharmacist for advice before taking any medicine during pregnancy, or if you are breast-feeding.

### **Driving and using machinery**

Midon Tablets may make you feel dizzy or light headed; if this happens to you, do not drive or use machinery and ask your doctor for advice.

### **Important information about some of the ingredients of this medicine**

Midon Tablets contain:

- **Sunset yellow FCF - Lake (E110)** which can cause allergic-type reactions, including asthma. This is more common in people who are allergic to aspirin.

## **3. HOW TO TAKE MIDON TABLETS**

Always take the tablets exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure about the dose you should take.

- Swallow the tablet whole with a drink of water
- You should take your last dose of Midon Tablets at least four hours before bedtime. This is because Midon Tablets can cause high blood pressure if you are lying down for any period of time (for example, sleeping or sunbathing).

### **Adults and the Elderly:**

The usual starting dose is 2.5mg (1 tablet of 2.5mg) taken 2-3 times a day. Your doctor may increase this dose each week until the best effect is seen. Most people do not need more than 30mg a day. You should take the tablets during the daytime, when you are upright, at intervals of 3-4 hours.

### **Children:**

These tablets should not be given to children.

**Special patient groups:**

- If you have severe kidney problems or severe kidney disease, you should not take Midon.
- If you have liver problems, you should consult your doctor. The safety of Midon in patients with liver problems has not been established.

**If you take more tablets than you should**

If you have taken more tablets than you should, contact your doctor immediately or go to your nearest hospital accident and emergency department. Take this leaflet and/or the bottle with you. Symptoms of overdose include hairs standing on end, sensation of coldness, an urgent desire to empty the bladder, slow heart beat and high blood pressure.

**If you forget to take a dose**

If it is more than half-way to your next dose, leave out the missed dose completely and continue with the next dose at the normal time it is due. Remember that you should not take your last dose of the day less than four hours before bedtime.

Do not take a double dose to make up for a missed dose.

**If you stop taking the tablets**

Do not stop taking these tablets without asking your doctor first.

**4. POSSIBLE SIDE EFFECTS**

Like all medicines, Midon Tablets can cause side effects, although not everybody gets them.

**STOP** taking Midon Tablets and **seek medical help immediately** if you have any of the following which may be signs of an **allergic reaction**:

- difficulty breathing or swallowing
- swelling of the face, lips, tongue or throat
- severe itching of the skin, with a red rash or raised bumps.

The following side-effects may occur:

*Very common (affecting more than 1 in 10 users)*

- hairs standing on end
- pain on passing urine

*Common (affecting more than 1 in 100 users)*

- at daily doses of more than 30 mg, high blood pressure when lying down (this might cause headaches, blurred vision, a "pounding" heartbeat, chest pain or shortness of breath)
- nausea, vomiting, indigestion, sore mouth
- chills
- rash, itching (particularly of the scalp), flushing
- inability to pass urine
- 'pins and needles'

*Uncommon (affecting more than 1 in 1,000 users)*

- insomnia and problems in sleeping
- headache, restlessness, excitability, irritability
- slow pulse rate
- at daily doses of up to 7.5 mg, high blood pressure when lying down
- stomach pain
- urgent need to urinate

*Rare (affecting more than 1 in 10,000 users)*

- dizziness or lightheadedness
- visual disturbances
- fast or irregular heartbeat, palpitations, chest pain,
- stroke
- abnormal liver function (detected in blood tests)

*Not known (frequency cannot be estimated from the available data)*

- Anxiety
- Feeling confused
- Increased tear production
- Diarrhoea

Midon Tablets can cause high blood pressure whilst lying down, particularly if the last dose of the day is taken too close to bedtime. This might cause:

- headaches, blurred vision, a "pounding" heartbeat, chest pain or shortness of breath

If these occur when you lie down or go to bed, tell your doctor. This is very important as, rarely, strokes have occurred. Your doctor may adjust your dose of Midon Tablets, or recommend that you raise the head of your bed.

If you are using Midon Tablets in combination with other medicines that raise blood pressure, for example fludrocortisone, and you find that:

- your eyes are hurting or you experience visual disturbances (blurred vision) or you have a headache, especially behind the eye you should tell your doctor.

### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via HPRAs Pharmacovigilance, Earlsfort Terrace, IRL – Dublin 2; Tel: +353 1 6764971; Fax: +353 1 6762517. Website: [www.hpra.ie](http://www.hpra.ie); E-mail: [medsafety@hpra.ie](mailto:medsafety@hpra.ie). By reporting side effects you can help provide more information on the safety of this medicine.

## 5. HOW TO STORE MIDON TABLETS

Keep out of the reach and sight of children.

Do not store above 25°C. Store in the original packaging.

Do not use the tablets after the expiry date which is stated on the label, carton or blister after EXP.

The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## 6. FURTHER INFORMATION

### Midon Tablets contain:

- the **active ingredient**: midodrine hydrochloride 5 mg per tablet
- **other ingredients**: colloidal anhydrous silica, microcrystalline cellulose, maize starch, talc, magnesium stearate and the colour sunset yellow FCF - Lake (E1 10) (see also end of Section 2 for further information on sunset yellow).

### What Midon Tablets looks like and contents of the pack

Midon 5 mg Tablets are orange, round, biplanar tablets with a bevelled edge, scored on one side with 'GU' above and '5.0' below the score.

- The tablets are provided in either:
- amber glass bottles of 50, 100, 500 or 1000 tablets
- blister packs of 20, 50, and 100 tablets

Not all pack sizes may be marketed.

### Marketing Authorisation Holder

**CHEPLAPHARM Arzneimittel GmbH**

Ziegelhof 24

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### Manufacturer

Takeda GmbH, Plant Oranienburg, Lehnitzstr. 70 - 98, DE-16515 Oranienburg, Germany.

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